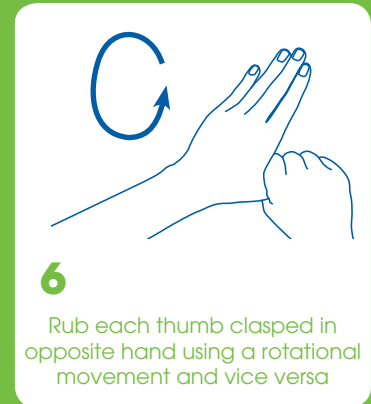
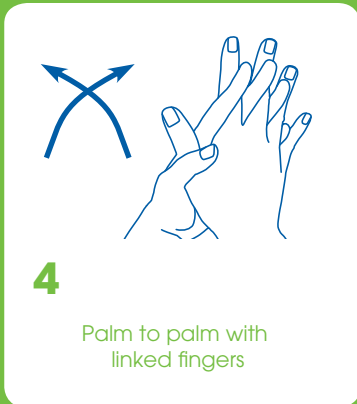
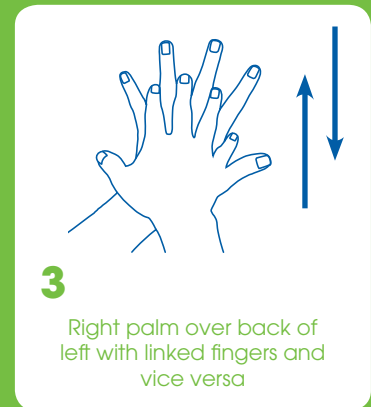


# How to Properly Sanitize your Hands

Washing your hands is the most effective form of infection prevention.

If unable to wash hands, properly disinfect your hands with hand sanitizer.

The entire process should last 15-30 seconds; the time it takes to sing 'Happy Birthday' twice.



Prepared in accordance with World Health Organization guidelines.